

Dipping Machine Mounted Chart– CT055

<p>Description</p>	<p>◆ This chart shows how to do the exercise as well as illustrating the major muscle groups that work during the exercise. This helps to reinforce coaching by the Gym Instructor. Ideal for fixing on to your training machine.</p>
<p>Details</p>	<p>1. Dimension: A5 Size</p>
<p>Image</p>	